

Subject: Notice of Parental Rights and Demand for Written Consent Regarding Lean In Girls and Related Mental Health Programs

To [Principal Name] and [School Counselor Name]:

I am writing to formally inquire about the use of the "Lean In Girls" curriculum or any associated leadership and mental health programming within [School Name].

According to reports, the American School Counselor Association (ASCA) is promoting this curriculum for girls and nonbinary teens ages 11-15. This program includes exercises where students rank themselves on a "hierarchy of oppression" based on race, sexuality, and identity. It also explicitly directs facilitators to use gender-neutral language and incorporate gender ideology into counseling sessions.

Please provide written answers to the following:

1. Is the "Lean In Girls" curriculum currently being used in any capacity at this school?
2. Are students being placed into "Tier 2" counseling groups that utilize materials from the Sandberg Goldberg Bernthal Family Foundation, Lean In, SPLC, or GLSEN?
3. What is the school's policy for obtaining explicit parental consent before placing a student in a behavioral or emotional support group that addresses topics of family life, identity, or human sexuality?

Following the legal precedent set in cases like [Mahmoud v. Taylor](#), I am asserting my right to advance notice and a formal opt-out for any materials involving ideological or sexual content.

Effective immediately, I do not consent to my child's participation in any "Lean In Girls" sessions, "Confidence Counts" interventions, or any group counseling that utilizes intersectional victim hierarchies or gender identity coaching. I expect written confirmation that my child will not be included in these programs.

Sincerely,

[Your Name]

[Parent of Student Name]