

# 10 QUESTIONS

EVERY PARENT SHOULD ASK

Vol 3

# 10



[COURAGEISAHABIT.ORG](http://COURAGEISAHABIT.ORG)

2026/2027 Edition

*OUR ORIGINAL MESSAGE TO PARENTS  
IS AS TIMELESS AS IT IS TRUE*

## **FEAR IS A HABIT**

- Fear is a habit. Each time you want to speak up and you do not, it becomes a little easier next time to stay silent.
- The great news is that courage is also a habit. Each time you speak up, even when you're afraid, it becomes a little easier next time to not stay silent.
- The best line of defense for children is their parents. We hope this guide empowers you to engage with your school's administration and be your child's biggest advocate.

## **COURAGE IS A HABIT**



## HOW TO USE THIS GUIDE

- Select 2-4 questions and schedule an in-person meeting with your principal or superintendent
- Ask them your questions and observe how they answer
- If they will not answer directly, that will give you an indication that you should dig a little deeper

- Schedule a follow-up a month or two after your initial meeting and present another 2-4 questions from this list

- Bring 2-3 other parents to meetings. Divide up the questions so each parent knows what their focused topic will be. There is strength in numbers.

- Document all in-person meetings with a follow-up email. List out agreements and next steps. School personnel will often tell you they will “look into it” but never get back to you. Be sure to follow up.

# 10 QUESTIONS

Be Competent • Be Confident • Be Courageous

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1. Does any class, club, or school activity encourage students to view parental values as outdated, backward, oppressive, or suggest that students keep classroom discussions secret from their parents?
2. Does the school refer students to external nonprofit organizations, online apps, or community youth clinics for wellness, reproductive, or mental health resources without explicit parental knowledge and opt-in consent?
3. Do class materials/instruction present American history, current events, or social issues in a manner that induces personal guilt (specifically White students), systemic hopelessness, and despair in students, rather than fostering critical analysis alongside civic responsibility?
4. Does the district use pre and post instructional surveys or psychometric screeners designed to track, measure, or alter a student's personal attitudes, values, or political beliefs over time?
5. Are religious perspectives and the historic role of faith in American foundational history actively omitted, censored, or presented in a negative light within standard social studies and literature curricula?

6. Does coursework require students to participate in roleplaying exercises or resolve forced moral dilemmas that challenge traditional family ethics and promote moral relativism?
7. What percentage of instructional time in core subjects is devoted to social emotional check-ins and personal feeling reflections instead of academic knowledge, factual instruction, and foundational skills?
8. Are students assigned personal journaling, daily check-ins, or reflective writing prompts that require them to disclose private family discussions, home finances, or personal household dynamics?
9. Does the school expose young students to anxiety-inducing oppressed/oppressor politics, climate doom scenarios, or geopolitical panic that cause emotional distress?
10. Does the school teach that free market enterprise and economic individual opportunity are inherently oppressive, while promoting global governance models over American constitutional principles?

## BONUS QUESTION

Do counseling, mental health, or wellness staff utilize group therapy exercises, circles, or peer interrogations where students are pressure to reveal intimate personal struggles in front of classmates?

*FOR SCHOOL COUNSELORS*

# APPENDIX

The following are additional resources for you to study so you have additional confidence to ask questions:

- [List of schools](#) with policies that keep transgender secrets from parents. This is NOT an exhaustive list. Use these policies as a model to find the one in your school.
- Examples of [pornographic books](#) found in public schools across the country. WARNING: graphic content.
- [SurveySays!](#) - How survey questions are interpreted.
- [Safety & Inclusion Express](#) - Why schools push pronoun enforcements.
- Redefining [safe and abuse](#) to separate children from their parents.
- [Heart of the Matter](#) - The damage that Transgender drugs do to children.



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